

2019 Certified Reiki Practitioner Training Program

The Certified Reiki Practitioner Training Program, offered on the West coast by San Francisco Reiki Center (SFRC), and on the East coast by New York City Reiki Center (NYCRC), is a program accredited by Reiki Centers of America, a non-profit organization that is committed to preserving the original teachings of Reiki, including those Reiki Master John Harvey Gray received from Hawayo Takata in the 1970s, and to training and supporting new and aspiring Reiki professionals in building successful private practices and healthy Reiki communities across North America.

This six-month course is a hands-on training that integrates the system of Usui Shiki Ryoho Reiki with practical in-depth clinical training from the John Harvey Gray lineage. Graduates of the program will be prepared for professional private practice, be well-trained to work with the SFRC/NYCRC Reiki Teams on either the East or West coast if they wish to, and become eligible to apply to a Reiki Master apprenticeship. Hours accrued during this program will be deducted from the 2,000 hour requirement of the Reiki Master apprenticeship.

This program is for second degree Reiki students and Reiki Masters who feel a deep calling to expand their relationship with Reiki and build a professional Reiki practice. Serious candidates must have a regular self-treatment Reiki practice, be willing to participate in SFRC/NYCRC Reiki events during the six-month training, and have a commitment to personal growth in service to others.

Certified Reiki Practitioner Training Course Details

Time Commitment: Approximately 25 hours per month for six months

Requirements: This six-month training program is intended for second degree Reiki students and Masters to deepen their experience with Reiki as a professional healing practice.

- In a monthly 6-hour class, students will review and learn new skills as professional Reiki practitioners. (Saturday or Sunday, once per month, 10am-5pm with 1-2pm lunch break)
- In six monthly sessions of about 2.5 hours each, students will have supervised group discussions to ask questions, share experiences, get guidance on establishing and growing a successful Reiki business, elaborate on Reiki tools and techniques, and explore Reiki as a spiritual discipline. (One weeknight per month)
- Students will see and document 50 hours of clients one-on-one in private sessions.
- Students will practice 50 hours of group Reiki treatments in the form of Reiki Circles, clinics, exchanges with other students, or volunteer opportunities.
- Students will have the opportunity to observe 2 full treatments from start to finish in a professional Reiki office with real clients. (Scheduled as available)
- Each student will give and receive long-form absent treatment and hands-on treatments with a partner from the class, ensuring support during the program. The hours spent doing this will be counted toward the 50-hour requirement.
- Student will self-treat daily for the 6-month program.
- At the end of the program, students will perform a full professional Reiki treatment on a partner of their choice and be observed by the instructor who will give feedback and comments on their performance and professionalism.

Course Fee: \$3,000 for the full six-month/175-hour training

Class Size: Six spaces are available for students in this small group class.

Matriculation: The awarding of certificates, group photos, and a graduation party will be held at the end of the course.

How to Apply: Interested applicants should email to express their interest and schedule a telephone conversation to discuss the Certified Reiki Practitioner Training program.

San Francisco/Bay Area CA, email christopher@sfreikicenter.com

New York tri-state area, email info@nycreikicenter.com

2019 Course Outline

January 2019: The Full John Harvey Gray Reiki Treatment – A Review (8 hours)

- Demonstration of a full 2nd Degree Reiki treatment
- Hand positions
- Anatomy under each hand position
- Scanning the aura and chakras
- Emotionality in the Chakras
- Opening & closing spirals
- Review symbols and 2nd degree techniques

Supervised Group Discussion (2.5 hours)

February 2019: Intake & Mental Treatments (6 hours)

- Resonating with a client (tethering) and active listening
- Maintaining professional boundaries / Don't give advice
- How to ask intake questions that solicit useful answers
- Developing mental treatment language / imagery
- Keeping yourself and your opinions out of it
- Assessment and treatment plan
- Clinical notes / documenting the session

Supervised Group Discussion (2.5 hours)

March 2019: Serious Health Conditions (6 hours)

- Cancer
- Pregnant Women
- The Elderly
- Anxiety and PTSD
- Compromised Immune Systems
- Gender and sexuality
- Treating people who can't roll over on their stomach
- How to hold your body at the table to avoid pain and suffering

Supervised Group Discussion (2.5 hours)

April 2019: Professional Appearance and Tools (6 hours)

- Tools of the trade and why we need them
- Sanitary practices and precautions
- Clothing, jewelry, and maintaining your own privacy and boundaries
- Creating conditions that work for different types of clients
- How to provide comfort and professional service to your clients
- Beverage & linen service / consumables to keep on hand
- How to incorporate non-Reiki tools (crystals, aromatherapy, etc.)
- Handling payments, tipping, and financial recordkeeping

Supervised Group Discussion (2.5 hours)

May 2019: Business Practices (6 hours)

- Being Seen / advertising / community promotions
- Web site / business cards / brochures / online booking tools
- Insurance / professional associations / social media
- Regular cleaning of your space / sending Reiki to your business
- Keeping the office stocked with everything you need
- Handling client records / Privacy / Confidentiality
- Assignment of Liability / Responsibility Forms
- Practitioner Insurance Policies
- Rebooking and recommendations to keep them coming back

Supervised Group Discussion (2.5 hours)

June 2019: The Symbols and Spiritual Development (6 hours)

- A review of the symbols
- Students practice drawing the symbols (all month) with ink brush
- Consciously working with symbols, repeating the sounds / meaning
- No past, no present, no future – The power of HSZSN
- Kaiji Tomita and his meditation method for deepening Reiki
- Working with self and other (who is treating and who is being treated)
- How do we “give Reiki” when it is the energy in every living being?

Supervised Group Discussion (2.5 hours)